

## Jerk Chicken

Prep:15 mins plus<br/>prepping for cookingCook:90 minsTotal:Approx 2 hrsServings:8 children

## Ingredients

- 16 chicken drumsticks, skin on and scored
- 1 clove of garlic
- 1 Tablespoon veg oil
- 3 tbspoons dark soy sauce
- Jerk seasoning 2 dessert spoons dunns river dry seasoning
- 4 tbspoons orange juice
- 1/2 treaspoon mixed spice
- Dessert spoon dried thyme

## Method

- 1. Prepare chicken the day before you want to cook it and marinade overnight in the fridge.
- 2. Blend all of the ingredients except for the chicken in a blender to create a marinade sauce.
- 3. Place the chicken in a large bowl and pour the marinade over the chicken, massaging the marinade into the drumsticks.
- 4. When ready to cook, preheat the oven to 180°C, fan 160°C.
- 5. Line a baking tin with tin foil.
- 6. Arrange the chicken drumsticks in the baking tin and tip the marinade over the chicken drumsticks.
- 7. Bake uncovered in a preheated oven for 90 minutes until the chicken is well cooked and easily falls off the bone.