

Coconut Paneer Curry

Prep: 20 mins Cook: 25 mins Total: 45 mins

Servings: 8 children plus 1 adult

Ingredients

- 2 tsp whole cumin seeds
- 2 tsp ground coriander
- 2 onions, peeled and diced
- 30g fresh root ginger, peeled and finely grated
- 40g fresh coriander
- 2 tsp turmeric
- 4 tbsp curry powder
- 2 vegetable stock cube
- 250g traditional paneer
- 100g coconut cream, chopped
- Oil

Instructions

- 1. Cut the paneer into bite-size cubes, cover in boiled water and set aside
- 2. Cook the diced onions in hot oil with the salt until soft and translucent, then reduce the heat to medium and cook for a further 2-4 min
- 3. Add the grated ginger and cumin seeds to the pan and cook for a further 1 min
- 4. Add the ground turmeric, ground coriander, and curry powder to the pan with a tablespoon of oil and a generous pinch of pepper and cook for 2 min.
- 5. Dissolve the coconut and the vegetable stock in 600ml boiling water to make a coconut stock
- 6. Add the coconut stock to the pan and cook for a further 6 min allowing the sauce to reduce a little
- 7. Chop the coriander finely, including the stalks, keeping the stalks and leaves separate
- 8. Add the coriander stalks to the pan
- 9. Drain the paneer and add it to the pan
- 10. Reduce the heat to low and cook for a further 5 min allowing the sauce to thicken a little further
- 11. Taste and season