



Warm 'Traffic Light' Pasta

Preparation: 15 mins which includes cooking time

Serves: 12 children and 1 adult

Ingredients

- 1/2 cup mayonnaise (or your favourite mayo substitute)
- 3 tablespoons olive oil
- 1 teaspoon of vinegar
- 1 tablespoons honey
- 1 clove minced garlic
- salt and pepper (to taste)
- 1 1/2 cup small broccoli florets blanched for 30 seconds in boiling water and drained
- 1 cup sweetcorn
- 1 cup mixed cherry tomatoes (cut in half)
- 1/2 cucumber (chopped)
- 1 red bell pepper (chopped)
- 1 red onion (thinly sliced)
- 1 large carrots (chopped)
- 300 grams penne pasta, cooked

Method

1. Combine the mayo, oil, vinegar, honey, garlic and seasoning to create a dressing
2. Mix the vegetables and pasta together
3. Add the seasoning and lightly toss